

complementary therapist

Professionals
Health professionals
Traditional and complementary medicine professionals
Traditional and complementary medicine professionals
complementary therapist

Description

Code

2230.2

Description

Complementary therapists use a range of complementary and alternative therapies to work simultaneously with the clients' body, mind, and spirit in a holistic approach. They offer practices and services for holistic wellbeing, health maintenance, health education, health promotion and prevention of illness, along with the sustainable treatment of certain illnesses, especially chronic illnesses. Their practices include but are not limited to acupuncture, aromatherapy, banotherapy, homeopathy, and herbal medicine.

Scope note

Includes people performing Acupuncture, Alexander Technique, Aromatherapy, Art therapy, Autogenic training, Ayurveda, Bach Flower Remedies, Balneotherapy, Bioresonance, Bowen therapy Buyteko, Chi Gung, Craniosacral therapy, Cupping, Feldenkreis, Herbalism, Homeopathy, Hydrotherapy, Hypnotherapy, Iridology, Kinesiology, Macrobiotics, Massage, Music Therapy, Naturopathy, Nerro linguistic programming, Osteopathy, Phytotherapy, Pliates, Plarity therapy, Reflexology, Reiki, Rolfing, Sports massage, Shiatsu, T'ai Chi, Tibetan Medicine, TCM, Yoga. Includes doctors of medicine or other healthcare professionals (e.g. [physiotherapist](#)) who perform complementary therapy.

Alternative Labels

naturopath
complementary therapy practitioner
complementary medicine practitioner
traditional practitioner of natural health
naturopathic practitioner
traditional therapist
alternative therapist
alternative medicine therapist
alternative medicine practitioner
complementary practitioner
sustainable health practitioner

holistic therapist
natural medicine therapist
practitioner in complementary medicine
natural health practitioner
ayurveda practitioner
therapist in complementary medicine
practitioner in complementary therapy

Regulatory Aspect

To see if and how this occupation is regulated in EU Member States, EEA countries or Switzerland please consult the Regulated Professions Database of the Commission.

Regulated Professions Database:

http://ec.europa.eu/growth/single-market/services/free-movement-professionals/qualification-recognition_en

Narrower ISCO groups

- [acupuncturist](#)

- [traditional chinese medicine therapist](#)

- [homeopath](#)

Skills & Competences

Essential Skills and Competences

[carry out preventative internal medicine interventions](#) [develop therapeutic relationships](#) [ensure safety of healthcare users](#) [follow-up on healthcare users' treatment](#)

Essential Knowledge

[human anatomy](#) [human physiology](#)

Optional Skills and Competences

[accept own accountability](#) [advise on childbirth](#) [advise on healthcare users' informed consent](#) [advise on healthy lifestyles](#) [advise on mental health](#) [apply a holistic approach in care](#) [apply acupuncture](#) [apply aromatherapy](#) [apply business acumen](#) [apply context specific clinical competences](#) [apply deep tissue massage](#) [apply massage therapy](#) [apply organisational techniques](#) [apply systemic therapy](#) [archive healthcare users' records](#) [attend to sophrology clients](#) [collect healthcare user's general data](#) [communicate in healthcare](#) [communicate professionally with colleagues in other fields](#) [communicate with customers](#) [comply with legislation related to health care](#) [comply with quality standards related to healthcare practice](#)

conduct a homeopathic consultation | conduct cupping therapy | conduct physical examinations | counsel healthcare users on medicines | deal with emergency care situations | deliver sophrology exercises | demonstrate professional attitude to clients | develop a collaborative therapeutic relationship | develop personalised massage plan | direct movement experiences | discuss the medical history of the healthcare user | educate on the prevention of illness | empathise with the healthcare user | ensure safety of exercise environment | follow clinical guidelines | give massages | give shiatsu massages | identify customer's needs | identify energetic meridians | inform clients of healthy lifestyle benefits | interact with healthcare users | keep up to date with spa products | listen actively | maintain healthcare user data confidentiality | maintain work area cleanliness | manage healthcare users' data | manage staff | manage supplies | monitor patient's health condition | monitor patients' progress related to treatment | monitor stock level | observe healthcare users | obtain healthcare user's medical status information | offer advice on diet-related concerns | oversee spa maintenance | prepare exercise session | prepare oils | prepare sophrology session | prescribe exercises | prescribe topical therapy | process medical insurance claims | promote balance between rest and activity | promote healthy lifestyle | promote homeopathy | promote inclusion | promote mental health | provide health education | provide health psychological advice | provide health psychological treatment advice | record healthcare users' billing information | record healthcare users' progress related to treatment | refer healthcare users | safely instruct about fitness | select acupuncture points | sell products | sell services | study topics | train employees | undertake clinical audit | undertake healthcare examination | use communication techniques | use e-health and mobile health technologies | use foreign languages for health-related research | use foreign languages in patient care | work in a multicultural environment in health care | work in multidisciplinary health teams | work with chemicals

Optional Knowledge

acupressure | acupuncture methods | administrative tasks in a medical environment | applied kinesiology | auriculotherapy | ayurveda medicine | balneotherapy | behavioural disorders | behavioural therapy | biology | biomedicine | breathing techniques | characteristics of plants | chemistry | clinical psychological treatment | complementary and alternative medicine | composition of diets | consultation | dietetics | electrical stimulation in acupuncture | energy therapy | etiopathy | fasciotherapy | first aid | general medicine | health care legislation | health care system | homeopathy | homeopathy remedies | iridology | kinesiology | kinetics | marketing principles | massage theory | massage types | movement techniques | multi-professional cooperation in health care | neurophysiology | older adults' needs | osteopathy | pathologies treated by acupuncture | pathology | pedagogy | pharmacology | phytotherapy | play therapy | psychology | reflexology | reiki | relaxation techniques | shiatsu | skin types | sophrology | special needs education | sport and exercise medicine | sterilization techniques | supervision of persons | tai chi | therapeutic massage | traditional Chinese medicine | types of aromatherapy treatments | types of essential oils | types of spa | vojta therapy

Concept URI

Concept Uri

<http://data.europa.eu/esco/occupation/c2a29b8d-1042-4766-a162-e174c7a77421>

Status

released

Change log

From v1.0.8 to v1.1.0: